

Coastal Round Walk 09 – Zennor, River Cove, Zennor Churchway - 5.55 to 9.30 miles

Route Directions – Full GPS Version

(a) The primary route – Zennor to Hellesveor Cliff – 5.14 miles - Some fairly strenuous Coast Path

From the car park at Zennor at 45441/38454 go L on road and L on lane between Tinnars Arms and Church, then L on a lane (*sign Coast Path*) which becomes a path at Carn Cobba. After low granite stile, coast path begins at 45028/38950 at 0.48 miles and continues towards Zennor Head. At 44962/39018 at 0.54 miles pass FP on R, shortcut to Tremedda Cliff. From Zennor Head, at 0.71 miles, the path undulates, often with rocky footing, until it drops down to 35 feet at 1.70 miles, after Gala Rocks. There is now a steep awkward climb up to Tregerthen Cliff, then more undulation, with a number of rock steps, down to 120 feet and up to 300 on Wicca Cliff, at 2.20 miles. Path continues to undulate past Mussel Point and Treveal Cliff to a confusing direction sign above River Cove at 47205/40583 at 180 feet at 3.05 miles. *Here you would go R to the field path for the short route.* Continue down to the restored clapper bridge at 47302/40537 at 3.14 miles, before climbing steeply up to Trevega Cliff and gently up to Carn Naun Trig Point at 47746/40823 at 310 feet at 3.48 miles. From here the going is far easier to Hor Point and Hellesveor Cliff but with some muddy areas with duckboards and stepping stones. On Hellesveor Cliff you will find a WM post at 50108/41030 at 5.14 miles. Here the coast path continues to St. Ives but you should now turn R uphill to find the Zennor Churchway. Continues at (b) & (c)

(b) The primary route – Hor Point to Zennor Churchway (the Coffin Path) – 0.32 miles - a short link

From the WM post go R uphill on a path, becomes a track, climbing 120 feet, until you see a high cattle stile on your L at 50167/40580 at 360 feet at 5.46 miles. There is a WM post by the cattle stile but your R direction arrow is hidden.

(c) The primary route – Zennor Churchway (the Coffin Path) to Zennor – 3.47 miles - easy walking, many stiles

Go R over granite step stile on R into field. Although there are few waymarks, path from here to Zennor is clear, almost level, generally SSW, and needs few detailed directions, except perhaps at Trevalgan. On the way to Trowan hamlet, at 5.86 miles, you pass through 9 fields, over 6 cattle stiles, through 2 gaps and 1 gate. Path out of Trowan (*Zennor FP sign*) is clear and you pass through 6 fields with 2 wooden stiles, 3 crude granite stiles and 1 gate to Trevalgan, at 6.36 miles. *Beware, because you cannot see FP sign to leave Trevalgan, it would be easy to follow a path straight on. This is the detour route which eventually leads to a green lane to Trevail Mill and Treveal.* For the primary route bear L at end of hedge to find crude stile between buildings, with Zennor FP sign. Next landmark is hamlet of Trevega. First you cross 3 fields with 2 cattle stiles and gap. Then go R on lane for 130 yards to cattle stile (*FP sign and WM*) on L and cross 4 fields, with hunting gate and 4 more cattle or crude stiles to lane at Trevega at 6.92 miles. Here turn L for 25 yards and R on Trevega Farm drive to narrow gap and crude stile to paddock (*may be divided*). On way to Boscubben there are now 8 more fields, with 7 more cattle or coffin stiles, to a track up to Boscubben at 7.50 miles. Final section on to Zennor completely obvious. After turning R (WM) on a track to Wicca, at 7.62 miles, you pass through 8 fields to Tregerthen, 4 to Tremedda, and 9 to Zennor. You cross in all 28 coffin stiles in 1¼ miles on this short stretch on your way to Zennor at 8.93 miles.

(d) The Short Route – Zennor, River Cove, Boscubben, Zennor – 5.55 miles

When you reach the Coast Path direction plaque just before River Cove, follow the Inland Path sign up past Trevail Mill (*worth exploring on the path that goes through it*) and through Treveal (NT) to Boscubben. Turn R there to follow the previous route to Zennor.

(e) River Cove to Boscubben by Treveal – 1.07 miles

Go R (*signed Field Path*) inland uphill through bracken to 210 feet. After 5 steps down, path continues steeply, more steps, up to 220 feet, then undulates to lift stile at 220 feet at 3.24 miles. Undulations continue to gate at 3.27 miles. At 47446/40311 at 3.33 miles path enters ancient looking woodland up to drive to Trevail Mill at a cattle grid and kissing gate at 3.43 miles. FP goes down through Trevail Mill, worth exploring for a little way (*distance included*). Back at cattle grid continue up track to Treveal at 47350/40058 at 320 feet at 3.62 miles. Bear L on track between hedges up to Boscubben at 47332/39457 at 440 feet at 4.12 miles.

(f) Detour from Trevalgan via Trevail Mill and Treveal to Boscubben – Total walk 9.30 miles

After the Trevalgan stile, ignore the Zennor FP sign follow the R WM along hedge. Then LH hedge to corner, crude stile to next field. (*mine ruin visible ahead*) Continue to gap to next field, follow LH hedge to crude stile (WM) by gate to next small field. Follow RH hedge to crude stile (WM) to next field. Follow RH hedge to crude stile (WM) to next field. Follow RH hedge to gap to next field. Follow RH hedge to crude stile (WM) to next field. Follow the RH hedge to crude stile (WM) to the next field. Follow RH hedge to lift/cattle stile to green lane at 48031/40298. Follow green lane/bridleway for 50 yards (*bridleway goes L to Trevega Wartha*), follow FP sign straight across between hedges (*view ahead Carn Galva*) downhill on former green lane between hedges down to gate to Trevail Mill. Path continues up through garden of Trevail Mill to kissing gate and cattle grid at 47473/40123. Continue uphill on tarmac track to Treveal at 47350/40058. Bear L on track between hedges uphill to Boscubben at 47332/39457. Here go R (WM) on track, rejoining primary route to Zennor.

Distances in the directions text are cumulative. A simpler version of these route directions, without the GPS data, is also available. Return to the walk page and click for it.